



Liquid Vibrations Music Production Programme

Overview

The Liquid Vibrations Music Production programme will enable learners aged 13-19 years to compose, record, produce and present original music for use in Musical Hydrotherapy sessions. The aim of the programme is to provide a real-life learning opportunity through which learners can develop key skills such as creativity, communication and team work whilst also experiencing the health and well-being benefits of Musical Hydrotherapy.

The programme will be delivered through a series of underwater listening sessions and classroom sessions led by our guidelines. The music will then be shared within the school's own Musical Hydrotherapy sessions; to the wider community via an end of project performance (optional); and to other schools/centres via the Liquid Vibrations network and website.

Suggested Programme Outline

The programme will be delivered by Liquid Vibrations (LV) practitioners and the Music Lead within the school. A suggested activity plan is as follows:

- Activity 1 LV led introductory workshop in class followed by Musical Hydrotherapy (MH) session
- Activity 2 LV led classroom-based composition session
- Activity 3 Teacher led classroom sessions developing musical ideas with students following LV teaching resources.
- Activity 4 LV led school-based recording session
- Activity 5 LV led MH session to listen to work-in-progress and feedback
- Activity 6 Teacher led classroom sessions resume.
- Activity 7 LV led school-based (or if possible at an external recording studio) recording session
- Activity 8 LV led MH session to listen to final pieces
- Activity 9 Sharing event for family, friends and wider community at the school or a local pool.

Teacher training and resources (teacher guide/toolkit) will be provided by Liquid Vibrations.

Programme Outcomes

Students will be able to:

- develop their understanding of music and sound in an innovative and creative environment.
- compose, perform, record and present original music for their peers and the wider community.
- understand the use of sound equipment and technology in a real-life setting.
- develop employability skills and competencies such as organisation, team work, communication and confidence.
- experience the unique health and well-being benefits of Musical Hydrotherapy.
- build relationships within their school and local community,

Teachers will be able to:

- increase their skills and knowledge of sound/music production, listening exercises and music activities for the students, and musical hydrotherapy through engagement and training with industry professionals.
- build their relationships with students, families and the wider community in a unique, meaningful and creative way.

Schools will be able to:

- provide a unique life-skills learning opportunity for students that promotes creativity, health and well-being.
- build links with their families and the wider community in a unique, meaningful and creative way.

Cost:

£3200. Not including community sharing event at local swimming pool, enquire for pricing on this.

Contact:

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